

Monday

Tuesday

Wednesday

Thursday

Friday



Cheese Omelet 1m **4**
 Maple Burst'n Pancakes 1g
 Syrup 2 oz. 1 ea
 Crunchy Carrot Sticks 1/2c (r/o)
 Ranch Dip cup 1 ea
 Tropical Twist Veg Juice 1/2 c (r/o)
 Peach Slices 1/2 c

Popcorn Chicken 10 ea=2m **5**
 BBQ Sauce Dip Cup 1 ea
 Deli roaster Potatoes 1/2 c =8s(s)
 Breadstick 1g
 Margarine
 Steamed Green beans 1/2c (o)
 Pineapple Chunks 1/2 c

Sweet & Sour Chicken 6S = **6**
 Steamy Brown rice 8S= 1/2c = 1g
 Vegetable Stir Fry 8s = 1/2 c (o)
 Celery Sticks 4 sticks= 1/2c
 Ranch Dip 1 ea
 Banana 1 ea
 Choc chip Cookie WG 1 g

"Macho Nachos" **7**
 Taco Meat 16S = 2m
 Tortilla chips Bage = 2g
 Nacho Toppings: Lettuce/Cheese
 Salsa Cup 1/2c (r/o)
 Refried beans 1/2c (b/p)
 Sweet Corn 1/2 c. (s)
 Apple Slices 2.4 oz bag = 1/2c

Portesi Flatbread Pizza 2m **1**
 Marinara Dip Sauce Cup 2.5 oz = 1/2c (r/o)
 Romaine Garden Salad 1c (1/2c dg)
 Dressing Choice 1 ea
 Steamed Sweet Corn 1/2c. (s)
 Apples Sliced 2.4 oz bag = 1/2 c

Tony's Galaxy Cheese Pizza 2m **8**
 Romaine Garden Salad 1 c = 1/2c (dg)
 Dressing Choice 1 ea
 Hot Peas 1/2c (s)
 Cinnamon Teddy Grahams 1 pkt (0.75g)
 Sliced Pears 1/2 c

Hamburger on a Bun 2m **11**
 Cheddar Cheese slice 1 oz.
 Ketchup/Mustard
 French Fries 1/2 c (s)
 Baby Carrots 1/2 c (r/o)
 Strawberry Cup

Breaded Chicken Drumstick 1ea/2mma/.75g **12**
 Mashed Potato 1/2c (s)
 Dinner Roll 1g
 Margarine pkt. 1 ea
Roasted Gem Veggies
Rutabaga-Turnip-Carrots 1/2c (o)
 Banana 1 ea 150 ct.

Crunchy Fish Sticks 4 ea=2m **13**
 Tartar sauce pkt 1 ea
 Baked Beans 1/2 c (b/p) =8s
 Steamed Broccoli 1/2 c (dg)
 Harvest Cheddar Chips 1/2c
 Red Grapes 1/2c

Grilled Chicken Patty on a Bun **14**
 2 mma/2g-Mayo pkt
 Tator Gems 1/2 c (s)
 Ketchup pkt
 California Blend Vegetables 1/2 c (s)
 Blueberries 1/2c.

Pepperoni Pizza Sticks 1ea= **15**
 String Cheese=1m
 Steamed Sweet Carrot Coins 1/2 c (r/o)
 Romaine Garden Salad 1c= 1/2c (dg)
 Dressing Choice
 Chilled Pear Slice 1/2c=8s

Blueberry Mini Waffles 2g **18**
 Syrup cup 1ea
 Cheese Omelet 1 ea=1mma
 Baby Carrots 1/2 c (r/o)
 Tropical Twist Veg juice 1/2 (o)
 Chilled Peach slice 1/2c

Grilled Cheese 2m/2g **19**
 Potato Smiles 1/2 c (s)
 Ketchup
 Steamed Green Beans 1/2 c (o)
 Red Grapes 1/2 c

Popcorn Chicken (10 each) **20**
 BBQ Sauce 2mma/1g
 Deli Roaster Potatoes 1/2 cup (s)
 Baked Beans 1/2 c(b/p)
 Fresh Apple Slices 2.4 oz bag = 1/2 c with Caramel Dip

Turkey w/Gravy 4 oz/2m **21**
 Whipped Potatoes 1/2c (s)
 Cranberry Sauce 16S=1/4 c
 Steamed Carrot Coins 1/2c (o)
 Dinner Roll 1g
 Sliced Pears 1/2c

Wild Mikes Cheese Pizza 2m **22**
 Sweet Corn 1/2c (s)
 Romaine Garden Salad 1c=1/2 c (dg)
 Dressing Choice
 Pineapple Chunks 1/2c
 Christmas Cookie 1 ea

NO LUNCH
 CHRISTMAS BREAK **25**

NO LUNCH
 CHRISTMAS BREAK **26**

NO LUNCH
 CHRISTMAS BREAK **27**

NO LUNCH
 CHRISTMAS BREAK **28**

NO LUNCH
 CHRISTMAS BREAK **29**

HARVEST OF THE MONTH: DECEMBER 12,2017- "ROASTED GEM VEGGIES"
 All meals served with choice of Milk (varies by school) : Nonfat Chocolate Milk, 1%, or 2%
 Daily Alternate Meals Available: Ham & Cheese or Peanut butter & Jelly
 "This Employer is an Equal Opportunity Employer"